

# KYRGYZSTAN

## Support Gulzar Diushenova

**Gulzar Duishenova is strong defender of the rights of people living with disabilities.**

Sixteen years ago, Gulzar was in a car accident. After that, she wasn't able to move her legs. It was hard to care for her children.

In time, she met other people living with disabilities. She realized that they face common problems. For example, it can be hard to find jobs where you can use a wheelchair.

So Gulzar decided to act. She met officials, organized training for bus drivers, and pushed for action on TV. But she continues to face barriers. Some people make her feel that women shouldn't speak out. Some also treat people with disabilities unfairly. But Gulzar is determined to speak up for the rights of people who face those barriers.

### Ask Kyrgyzstan to support Gulzar's fight for change.

- ◆ Start your message with Dear Speaker of Parliament.
- ◆ Tell him who you are and what concerns you about the challenges that Gulzar Duishenova faces.
- ◆ Ask him to support Gulzar and other activists as they fight for the rights of people living with disabilities.

### Send your letter to

Speaker of Parliament Jogorku Kenesh  
Chui Prospekti, 205  
Bishkek, Kyrgyzstan 720000  
Email: [kenesh001@gmail.com](mailto:kenesh001@gmail.com)  
Postage: \$2.50

### You can send a message to encourage Gulzar.

She loves music and crafts. Send any kind of card or letter to Gulzar Duishenova  
c/o Amnesty International Ukraine  
POB 40  
04050 Kyiv, Ukraine  
Email: [gulzardujsenova@gmail.com](mailto:gulzardujsenova@gmail.com)



*Everyone has the right to social security and to opportunities to develop their skills.*

*Article 22,  
Universal Declaration  
of Human Rights*

**WRITE  
FOR  
RIGHTS**

**AMNESTY  
INTERNATIONAL**

